



NAVA SPURTHI

Bangalore Region



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NEWS LETTER

June-July 2012

Maria Sadan, Bangalore

Sr. Manju has left for her home province after having spent four years in Maria Sadan as the animator of the house. Our heartfelt gratitude goes to Sr. Manju for her selfless service to the Bangalore Region. In spite of her not being well, she has spent her time and energy for the region. Sr. Manju, we will ever be grateful to you and remember you with love and affection. Sr. Manju is transferred to Dumraon.

We welcomed two new members to our community, Srs. Lawrentia and Sr. Bernadette. Maria Sadan is now raised to a Local House and the first Local Superior of the Regional House is Sr. Lawrentia. We wish her all the best and implore God's blessings upon her.

Consecrated Life 2020

At the Young Religious Convention organized by the National CRI in Delhi at Don Bosco from 9 – 12 July 2012 on the above theme, 250 young men and women religious between the age of 30 and 35 participated. It has been one of the most enriching and significant experiences for me. Regional conventions had set 12 goals and the groups prepared strategies to achieve these goals by 2020.

The 12 goals we discussed in the convention were:

1. Good governance in religious congregations
2. Messengers of the kingdom of God
3. Transformers of human society
4. People given Identity for what they are
5. A life style of inclusive communion
6. Powered by evangelical counsels

7. Membership of adult prophets and professionals
8. Holistic Creation Spirituality
9. Organizational presence and mission thrust
10. Media active witness of life
11. Connected to modern technology for effectiveness
12. Partnership and networking for evangelical fruitfulness.

Some of the strategies worked out are:

An integrated approach to initial and on-going formation and so the need to reframe the formation plan and to have trained formators and so the responsibility of the congregation.

Growing in freedom and inter dependency through participatory, consensus - oriented responsive governance and involving young people in decision making process by admitting them in decision making bodies such as general /provincial chapters.

Launching into new initiatives and social networking through relevant media in order to spread and to proclaim the Gospel values.

Networking and collaborating with other secular and ecclesial institutions for socio-cultural transformation.

Accept graduates, professionals and adult prophets as candidates and create a formation programme according to their human and spiritual maturity.

Becoming more and more aware of the nurturing presence of the Mother Earth.



Enhance eco sensitivity in our community celebrations and activities by avoiding use of plastics, and other harmful materials. Creating a platform to promote eco conscious movements e.g., saving water, tree plantation, etc.

Training young religious in Mass Media and technology.

CRI co-ordinating audio visual programme in collaboration with different congregations for a TV channel, print media and electronic media.

Making modern technology accessible to all the members of the Congregation for the effectiveness of the mission.

Three days of study and reflections proved to us that we are a vibrant group called 'Young Religious' who wants to face the world through their value-based commitment. We became aware that a paradigm shift in religious life is essential to make our mission relevant in this complex world.

We came to realise that it is I who have to make a choice. Like a drop of water which makes the ocean complete, my service and myself is important in my community and the world at large. So we made a promise with lighted candles in our hands that we will bring about change not by being violent, rude, inhuman but by showing the other, the true nature of Christ by being more kind, loving, affectionate. Growth begins where blame ends. Let us strive together for the success of the mission of Christ.

Sr. Suchita

Two of our candidates, Rupali and Jency will be received into Postulancy on 31 July. Please keep them in your prayers.

St. Mary's, Mulund



We were blessed with abundance of juicy and sweet mangoes this summer. We relished them, as well as shared

them with our neighbours, friends and benefactors. God's marvelous creation was



manifested in the shape of a bird and a twin.

Srs. Lucia, Mahima, Lima, Smitha, Divya and Sunita left for Alakode to attend the psych-spiritual integration programme conducted by Fr. Sunny S.J. who stressed on the practical exercises for an all-round personality development, i.e. body, mind and spirit. Physical exercises were recommended for the development of the body, which was taken as an action plan for the community. Besides this, the members who attended this programme shared the input sessions with those who stayed back at home.

Sr. Leonie attended the Wisdom Group Programme in Prerana (Bangalore). She would like to express her special thanks to Sr. Feby for arranging this programme which was very meaningful and enriching. Fr. Freddy D'Silva S.J. with his rich experiences, helped them to look into themselves with his deep, enriching reflections which would enable them to grow gracefully into the evening of their life.

Srs. Lucia, Carina, Mahima and Sunita attended the funeral rites of Fr. Rufus Pereira, a famous international charismatic preacher and our former Parish Priest.

In the month of May, we bade farewell to Srs. Mahima and Divya who were missioned to Alakode and Mittapally communities respectively. We welcomed to our community the new members, Srs. Christine and Edwina and Sr. Usha after her final profession. Sr. Bhavana of the Allahabad Province joined the special B.Ed. at SNTD Women's University, Santa Cruz, Mumbai. She visits us now and then from the hostel.

On 12 June, as the school cleaning was in full swing, before its reopening on the 15 June, we experienced a miracle. The statue of Our Lady,



placed just outside the school office in a glass-case could not be moved. The co-workers proclaimed their faith by saying that it was a miracle from Our Blessed Mother. Since then, we have started praying the Rosary every Saturday at this statue of Our Lady.

A two day orientation was conducted for the school staff by Sr. Mary Jude C.J. before the reopening of the school, the theme being 'Education Ministry through the eyes of Mary Ward'. She stressed the importance of Good Mary Ward Education. Now all the schools in Bangalore Region are better equipped to pass on Mary Ward's Charism to the students. Ignatian Pedagogy in our teaching-learning process was another point that was stressed much.

Our Class X students came out with flying colours with 95.82% as the highest percentage and 27 students scored above 90%.



The X-students of our school are very active in their mission. One of them, Mrs. Beena Joy gave a power

point presentation to our teachers on Self Analysis and Personality Types. She stressed that a strong positive self- image is the best possible preparation for success in life.

Sr. Edwina (Sr. Sunita)

Shanti Sadan, Begur

We express our gratitude to Sr. Suma and the staff who worked hard to help our students to secure excellent results. Both the I.C.S.E and State Board students did extremely well and passed with flying colours.

A bore well was dug, 1008 feet deep and not a drop of water was found, a sad day indeed for us. We are buying water for the needs of the school.

We are happy to welcome Sr. Thomasina, a new member, into our community.

The construction work for the State Board is progressing, thanks to Mr. Rego for the sponsorship.

Sr. Linda welcomed Sr. Elsa to the school and introduced her to the staff and students. Sr. Teresina conducted a meaningful prayer service asking God to bless each one of us in the new academic year. We are blessed to have three buses of our own to make it easy for the students to attend the school.

Our gratitude goes to Sr. Suma for taking the initiative to resolve the two land cases which stated that we are living on government land. A land consultant was employed to see to the cases and she managed to get the District Commissioner to issue the order in our favour. We have received the certified copy of the order in our hand. Our special thanks to Sr. Feby for taking all the trouble and for arranging for the finance needed.

Sr. Linda

Mary Ward, Mittappalli

We bid good bye to Srs. Thomasina and Barnadette, we welcomed Srs. Basilia and Divya to our community. We are happy to have them and the community is grateful to Srs. Thomasina & Bernie for their loving service to our mission. A Big God Bless! Once the school reopened, our campus was buzzing with the noise of children.

Our students from Mittappalli village, 28 of them, appeared for class X examination and all passed with good first division and one of the girls got centum in Science. Well done! Congratulations to our teachers for their hard labour.

The present class X students had an orientation programme conducted by Fr. Sagayaraj SDB.



They were given, guide lines on friendship, goal

setting, and self-awareness by assessing goodness in them.

We were privileged to welcome our new Bishop, Most Rev. Lawrence Pius Durai Raj to our community, after the solemn celebration of the feast of St. Anthony in the parish.

The Orientation Programme, conducted by Fr. Maria Selvam, gave a boost to our teachers, by making them aware of their role as teachers and urging them to be growth promoters, specially to the marginalized.

Principal's Birthday was celebrated with a



meaningful prayer service followed by a short entertainment programme.

The community had an outing with the workers



to Yercaud. They enjoyed the cool air and the natural beauty around, and refreshed themselves being ready to serve the institution with renewed zeal.

Sr. Mercy

MARY WARD, Puthenvelikara

We were delighted to meet many of our sisters who had come on home leave from the North. Sr. Seema was happy to complete her B.A. 2nd year exam from Mumbai. Srs. Annette, Alma & Sherly attended the course 'Psycho Spiritual Integration' conducted by Fr. Sunny S.J at Alakode. We found the course very fruitful and it was shared in the community. On the basis of

the course certain community action plans are drawn up and practiced regularly.

Towards the end of May our community had a pleasant outing, visiting the so called 'Holy Land' at Chalakudy and then proceeding towards Athirappilly & Vazachal waterfalls. All enjoyed the day well and came back towards evening feeling refreshed and happy.

As the school reopened our campus is once again vibrant with the fun and laughter of children. Fr. Joe Kootinal S.J gave a two day orientation to our teachers.

After attending the course for senior citizens in Bangalore, Sr. Francisca returned along with Sr. Aquilina from Allahabad Province. Sister spent a few days with us, teaching Value Education in the school and coaching students who are weak in Maths. Thank you Sr. Aquilina, we enjoyed your company and availability.

Sr. Alma

Mary Ward, Pizhakkaku

At the close of the academic year, the students conducted memorable assembly which was marked by a distinct note of sadness as we bid our beloved Sr. Rosalia and Sr. Gladys farewell, who had been an indispensable part of Nirmala Public School for the past years. The school PTA, teachers and students expressed their gratitude to Sr. Rosalia for her dedicated and selfless service to bring up NPS as the best school of the locality. The community arranged a thanksgiving Holy Mass for our sisters and wished them God's blessings as they moved on to fulfill their new responsibilities.

The community welcomed Srs. Daisy and Suma and prayed for them during the holy hour by affirming our support and co-operation for the new beginning of the academic year.

After the Pastoral visit in the parish, our Bishop paid a visit to our convent and he enjoyed a delicious lunch with us.

The community decided to have common time for meditation and to keep up the community practices such as constitution studies, faith sharing, monthly recollection, etc. We are

actively involved in the Ward Prayer conducted by the parish priest.

On reopening of the school, the students of Class X conducted a prayer assembly and welcomed Sr. Daisy as their new Principal and Sr. Suma as their class teacher. On the same day, the school celebrated "World Environment Day" with inter house collage competitions. Class X and IX students brought saplings and planted around the school.



Kerala State Department of Forestry distributed 2500 saplings to our students to plant them and to keep the environment clean and safe.

On 8 June the students and the staff, PTA executive members and our benefactors witnessed the blessing and inauguration of the



newly erected Grotto. The blessing was done by Rev. Fr.

Kuriakose Vellachalil (Vicar of Pizhaku parish) and the inauguration by Rev. Fr. Cyriac Kochukaipathiyil (Vicar of Aincombu parish).

On 14 June, the office bearers for the year 2012 were formally installed during the investiture



ceremony conducted by class X under the able guidance of Sr. M. Suma C.J. This most solemn event of the year, had their hearts swelling with pride and cheers resounding in the auditorium.

Class X students spoke to the school on the Importance of cultivating the habit of Reading to mark the "Vayanadinam" (Reading Day).

On 18 June during the assembly a full time member of Anti Alcoholism committee, Sr.



Ancitta C.M.C from Pala explained to the students of the danger of alcoholism.

She urged the students to take an oath against this evil. On the same day an inter house debate was arranged for the seniors and they had heated arguments on this issue.

On 26th and 27th our school had a special guest, Mrs. Rizvi, the Principal of Rose Bud School, Patna. The inspection of the school and its functioning was done in order to have the permanent affiliation to the ICSE. The Staff and students welcomed her during the assembly with a short cultural programme. She was very pleased and enjoyed her stay with us in Pizhaku community. We are looking forward for a positive response from the ICSE Board.

D.C.L organized an interschool speech competition in our school and selected Rani Amulya Dalby of class VIII as a councillor and Johns Kachiramattam as the secretary, from our school. Rev. Fr. Roy Kannanchira delivered a speech on the motto: "Nam Oru Kudumbam" (we are one family).

At the PTA General Body Meeting, Sr. Daisy spoke of the aim and vision of our school, and the role of parents in the 21st century Education

Mr. P.K. Thomas from Navajeevan Trust, Kottayam, addressed the students and motivated them to help the poor cancer patients of Kottayam Medical College. He explained to them of the pain and suffering of children, brothers and sisters. He urged our students to make small sacrifices and to collect money and materials and also to visit the hospital once in a year so that they would be moved to feel compassion for the suffering lot.

After a month of serious studies, various activities such as inter-house Quiz competitions on different topics, like, General Knowledge, Sports, Free India (Independence). Inter-house elocution competition on different topics was given for seniors and juniors. The K.G section enjoyed storytelling and drawing competitions.

One of our students, Master Albin Sunny was selected as secretary of K.C.S.L (Kerala Catholic Student League from Pala Diocese. Monthly Confession and Holy Mass were organized by our students on 5 July.

SMC, Alakode

We celebrated the Workers' Day with a high tea for all our co-workers. From 6 - 10 May the Region's Renewal programme was conducted by Fr. Sunny SJ. Participants from all our communities were much enriched and action plans were made. On 11 May, Sr. Feby took up the morning sessions mainly on discernment. Since a good number of ours were already here we kept up the memorial Mass for Sr. Alexia, followed by lunch. Sr. Angeli came accompanied by Sr. Japa for a second opinion at Thalassherry, Regional Cancer Centre.

The new academic year started with welcoming Sr. Rosalia, the new principal, Srs. Gladys and Mahima and the new teachers. On the same day priests of our parish blessed the school and compound after prayer in the hall. This year our plus 2 won very good results with 100% pass. Amal Jose secured 95.4%, 7 students stood above 90% and 18 students above 80%. The awareness programme against alcoholism, given during assembly was quite effective.

The school kept up a day as "Reading Day". Deepika Children's League unit was inaugurated. Deepika Circulation manager of Kannur addressed our students and inaugurated



the free distribution of Deepika for students. He exhorted the students to

learn to be considerate and compassionate to the suffering humanity and contribute towards Deepika's fund for 125 children cancer patients by adopting one child by the school.

The investiture ceremony of the school captains was held.



Sr. Deepti attended the CRI core group meeting at Thaliparamba, which was meant for at least one person from every congregation. Srs. Gladys and Amala participated in the CRI seminar at Thaliparamba. All of us participated in the 13 hour adoration at Sacred Heart Convent.

Prayer Request

Please continue to pray for Srs. Esther, Angeli and Prasanna. They are improving slowly but steadily.

"Go forth and set the world on fire."

"We must always remind ourselves that we are pilgrims until we arrive at our heavenly homeland, and we must not let our affections delay us in the roadside inns and lands through which we pass, otherwise we will forget our destination and lose interest in our



final goal."

St. Ignatius of Loyola

***Nava Spurthi wishes
all its readers
A Very Happy Feast of St. Ignatius!***

